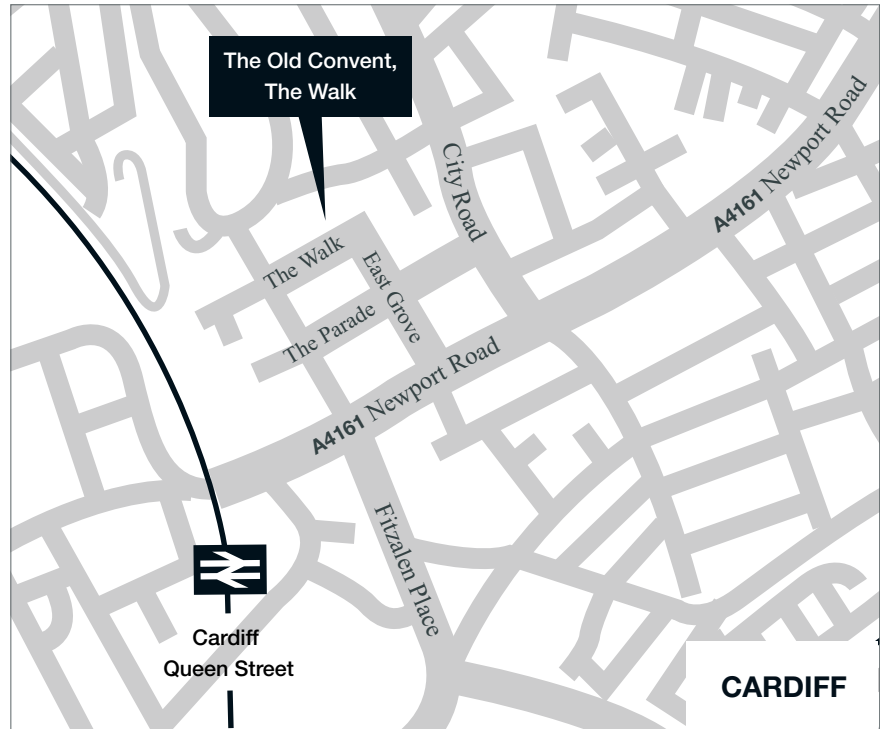




The Old Convent
The Walk
Cardiff
CF24 3AG

T: 029 2044 8900
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By Road

From the west

Turn off the M4 at Junction 33 and follow the A4232 to the end. Then, at the roundabout take the second exit onto a dual carriageway towards Cardiff City Centre (speed restrictions apply). Do not leave the dual carriageway, stay in the right-hand lane until the end (traffic lights at a T-junction). At the lights, turn right. At the next lights, go into the middle lane to go straight on (into Moira Terrace). Then, straight through the next minor junction traffic lights to another set of lights (at a crossroads). Turn left (into Glossop Road, past the old Royal Infirmary) and stay in the left-hand lane to the traffic lights. Go straight ahead through these lights, into City Road. Take the first road on the left onto The Parade, then the first right onto East Grove. The Old Convent is straight ahead on The Walk. Visitor parking is immediately behind the office. Walk round to the front to enter the building.

From the east

Turn off the M4 at Junction 29 onto the A48 (M). Follow this road for a few miles, taking the exit signposted 'Cardiff Docks East'. When the dual carriageway becomes three lanes, stay in the middle lane and follow the road signs to 'City Centre'. You will then be in the right-hand lane of two approaching the roundabout. Turn right into Newport Road and follow this main road until you reach the major traffic lights junction where you turn right onto City Road. Take the first road to the left onto The Parade, then first right into East Grove. The Old Convent is straight ahead on The Walk. Visitor parking is immediately behind the office. Walk round to the front to enter the building.